

# Ward Community Fund Proposal Form

**Please read the Guide to the Ward Community Fund before you fill in this form**

*Then complete Section 1: Budget Proposal.*

*If you are proposing to deliver the project yourself, please complete Section 2: Delivery agency as well. We can help you with this or do it for you – see who to contact in the **Guide to the Ward Community Fund**.*

*Continue or separate sheets if you need to, or expand the boxes if you are filling in the form electronically.*

## Section 1: Budget Proposal

1. Name of Ward

Stoneygate, Spinney Hill and Castle.

2. Title of proposal

Colours of Health

3. Name of group or person making the proposal

CICD- Centre for Indian Classical Dance

4. Short description of proposal. Please include information on **how the money will be spent, who will benefit, when they will benefit, and how we will know when the proposal has been successful.**

It is important that your answer to this question is clear, because we will only pay the costs when we can see evidence that the outcomes you describe here have been achieved. You can provide further details in your supporting information if you want to.

The general aim of Colours of Health is to combine community education about how to lead a healthy way of life with supporting cultural exchange in Leicester.

Therefore, a wide range of sports and informative activities such as dance, music, yoga and talks on healthy living will be provided so as to bring people from many different cultural backgrounds and all age groups together. In order to celebrate community cohesion the project will build confidence and networking among the people to help them broaden their horizon and to support the appreciation of the great variety of cultures existing in our city. Plus, we want to raise the awareness about health in general amongst women, adults, young

people and the elderly.

To achieve those aims, CICD would like to carry out initial research to consolidate the project.

The money will be spent on recruitment costs for an administrative coordinator, who will do the research to develop links and the programme of activities and events. This programme must later be promoted over websites, print advertising and the radio. Furthermore, venue hire as well as professional instructors, who can carry out the activities and seminars must be paid.

We would like to charge a minimum of £1, for each participant for each workshop. Some communities however who we have spoken to, do all their workshops for free and may not be happy paying. However, some are already happy to pay and we are hoping everybody accepts this rate of £1. We would like to conduct 20 workshops per community; and if there are 10 participants per workshop, we estimate to intake £1,200. However this is if everyone we work with gives the fee.

Owing to our programme's all-embracing topic many different people from all age groups will benefit from the various activities that we will be offering.

This pilot project would like to start from September 2010 to continue until March 2011. These six months will be used to help those involved develop a healthier way of life and to motivate them to continue this afterwards.

As part of our pre-research programme, seven community centres have expressed an interest. They are Highfields Community Centre, Bangladeshi Youth and Cultural Shomiti, Jain Centre, Muslim Khatri Association, Shama Women's Centre, PYCA and Sikh Community Centre.

Along with the activities, we will be evaluating the progression and development of the people taking part in the project by keeping a report on each individual regarding their improvement on health issues.

People who have participated in all the mentioned activities will be given the chance to express their views on the project, either orally or on paper. Furthermore, we will ask all participants to fill in an evaluation form in order take people's views on a mass scale. The documentation will also be produced on DVD and through photographs.

To end the project we would like to celebrate an event where the participants will have the opportunity to showcase their new abilities by a presentation. Some people will also be encouraged to speak and give their views on how they benefitted from the project. As well as the project itself, this event will bring together many people from different

wards to share their experiences with each other. The closing event will also enclose an exhibition on healthy food and the presentation of the programme of activities will be shared with each other at one of the venues or in their own community.

The success of the proposal will be majored at the end of the project after six months, in March 2011.

5. Have you provided supporting information?

 Tick if yes

6. What is the total cost to the Community Meeting?

£ 13, 600  
(£4,533 per ward)

7. How have you estimated or calculated the cost? Please show each item of expenditure and say whether it is an estimate or an actual cost.

Item	Cost £	Estimate or actual cost?
20 workshops at 6 venues. £ 30 per workshop	£ 3,600	£ 3,600
Publicity, marketing, DVD's, photographs,	£2,500	£ 2, 500
Administration £125 per week x 36 weeks	£ 4,500	£ 4,500
Purchase of instruments	£ 1,000	£ 1,000
Performance/presentation and sharing	£ 1,500	£ 1,500
Hall hire	£ 500	£ 500
<b>Total</b>	£ 13,600	

8. Have you tried to get funding for this project from anywhere else, either in the Council or from another organisation? If so, please give details

No

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9. Who proposed the project? Please provide contact details.

Name of contact person	Nilima Devi
Your position in organisation or group	Artistic Director
Name of organisation or group	CICD
Address Centre for Indian Classical Dance 50 Churchill Street Leicester LE2 1FH	
Phone number T: 0116 2552862 F: 0116 2100030	Email info@cicd.org.uk

**Section 2: Delivery agency (this could be a single person, group of people or a group or organisation)**

10. Who will deliver the project? Please provide contact details.

Name of contact person	Nilima Devi
Your position in organisation or group	Artistic Director
Name of organisation or group	CICD
Address Centre for Indian Classical Dance 50 Churchill Street Leicester LE2 1FH	
Phone number T: 0116 2552862 F: 0116 2100030	Email info@cicd.org.uk

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11. Declaration

I have read the *Guide to the Ward Community Fund* and I accept the arrangements described in that guide. I confirm that the information I have given on this form is true. I will inform the council immediately if any of the information I have given on the form changes.

Name	Nilima Devi
Signature	N.Devi
Date	26/05/2010

Please send this completed form back to:

Karen Shelton, Member Support Team, 2<sup>nd</sup> Floor, Town Hall, Leicester City Council, LEICESTER, LE1 9BG.

Fax No: 0116 229 8827